



**THE GREYT
MIDDELPLAAS
ESCAPE**

Middelplaas - Greyton 10th



All Men 60km

1	1	135	EML	Hendrik	Kruger	02.42.17
2	1	166	VML	Andreas	Studer	02.48.00
3	1	239	SML	Lorenzo	Le Roux	02.49.51
4	2	133	EML	Oliver	Lennard	02.51.07
5	2	164	VML	David	Garrett	02.58.24
6	3	132	EML	Jaco	Pelser	02.58.58
7	3	199	VML	Malcolm	Isaacs	02.59.32
8	1	138	SVL	Corne	Swart	03.05.24
9	4	159	VML	Mark	Kavanagh	03.05.28
10	5	160	VML	Jacques	Van Zyl	03.07.07
11	2	139	SVL	James	Tennent	03.12.51
12	3	144	SVL	Timothy	Hoek	03.13.24
13	4	193	SVL	Jonathan	Kinnear	03.14.35
14	5	192	SVL	Oliver	Munnik	03.14.36
15	6	157	VML	Jon	Tana	03.15.11
16	2	104	SML	Alexaner	Lawrance	03.26.57
17	7	167	VML	Gabri	Jordaan	03.28.20
18	8	152	VML	Bertus	Van Zyl	03.28.54
19	6	563	SVL	Jacques	Du Plessis	03.29.48
20	9	165	VML	Jonathan	Fisher	03.32.35
21	7	140	SVL	Krynauw	Van Vuuren	03.41.10
22	10	153	VML	Thomas	Orchard	03.41.23
23	11	155	VML	Jaco	Cockrell	03.45.10
24	8	143	SVL	Leonardo	Gable	03.45.25
25	1	171	MML	Steven	Hirst	03.46.03
26	9	197	SVL	Chris	Knight	03.46.29
27	12	194	VML	Brad	Gold	03.51.58
28	2	170	MML	Michael	Reyneke	03.52.31
29	10	142	SVL	Marius	Hoon	03.54.55
30	11	136	SVL	Sean	Mcclelland	04.00.11
31	1	186	GML	Philip	Van Der Merwe	04.00.12
32	4	129	EML	Pieter	Giliomee	04.01.40
33	5	131	EML	Niel	Giliomee	04.01.41
34	1	127	YML	Matthew	Malan	04.07.34
35	13	158	VML	Julian	Malan	04.07.40
36	12	146	SVL	Johan	Stander	04.08.44
37	3	173	MML	Johan	Pentz	04.12.45
38	13	145	SVL	Renaldo	Wessels	04.12.47
39	14	148	SVL	Aldo	Knoetzen	04.14.42
40	2	190	GML	Scip	Vernede	04.23.36
41	3	189	GML	Timothy	Watson	04.23.37



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<i>All Men 60km</i>	42	4	180	MML	Stuart	Young	04.23.40	
	43	3	198	SML	Andrew	Henderson	04.24.35	
	44	14	195	VML	Victor	Terblanche	04.25.21	
	45	5	175	MML	George	Fritz	04.29.37	
	46	15	156	VML	Frikkie	Van Zyl	04.34.38	
	47	16	154	VML	Greg	Haselau	04.34.39	
	48	17	162	VML	Cobus	De Jager	04.55.14	
	49	15	137	SVL	Abel	Rautenbach	05.04.22	
	50	16	141	SVL	Ewert	Cornelissen	05.10.07	
	51	6	134	EML	Ramone	Claasen	05.10.08	
	52	6	179	MML	Dirkie	Uys	05.25.04	
	53	7	564	MML	Muller	Retief	05.25.10	
	54	8	172	MML	Francois	Uys	05.25.11	
	55	9	178	MML	Braam	Coetzee	05.25.13	
	56	10	177	MML	Vernon	Rudman	05.30.48	
	57	18	168	VML	Paul	Ruyter	06.26.03	
	<i>Group</i>	<i>Pos All</i>	<i>Pos Cat</i>	<i>No</i>	<i>Cat</i>	<i>First Name</i>	<i>Last Name</i>	<i>Time</i>
<i>All Women 60km</i>	1	1	101	EWL	Catherine	Colyn	03.17.56	
	2	2	106	EWL	Elrika	Harmzen-Pretorius	03.26.56	
	3	1	115	MWL	Michelle	Lombardi	03.29.33	
	4	1	108	VWL	Nikki	Biesheuvel	03.36.28	
	5	3	118	EWL	Suzaan	Hobson	03.47.34	
	6	2	120	MWL	Penelope	Hirst	04.09.13	
	7	3	114	MWL	Dawn	Herbert	04.09.14	
	8	2	110	VWL	Lindsay	Pentz	04.12.48	
	9	4	117	MWL	Jacqui	Henderson	04.23.35	
	10	5	113	MWL	Hildegarde	Cronje	04.23.42	
	11	4	102	EWL	Rieta-Marie	Brandt	04.25.13	
	12	5	103	EWL	Irmilee	Uys	04.30.30	
	13	6	112	MWL	Jennifer	Cilliers	04.47.40	
	14	7	121	MWL	Imke	Van Der Westhuyzen	04.47.41	
	15	8	119	MWL	Lizl	Hobson	04.47.42	
	16	3	109	VWL	Liza	Vivier	05.30.52	
	17	4	111	VWL	Helen	Kerr	06.26.02	
<i>Group</i>	<i>Pos All</i>	<i>Pos Cat</i>	<i>No</i>	<i>Cat</i>	<i>First Name</i>	<i>Last Name</i>	<i>Time</i>	<i>Category</i>
<i>All Men 40km</i>	1	1	520	YMM	Luke	Kavanagh	02.01.53	
	2	2	125	YMM	Christian	Van Zyl	02.08.49	
	3	1	236	SMM	Luke	Phillips	02.13.32	
	4	1	258	SVM	Arnold	Kitshoff	02.18.21	
	5	2	257	SVM	Thando	Nthuthu	02.25.50	
	6	1	268	VMM	Rowan	Marais	02.33.10	



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All Men 40km

7	2	270	VMM	Jasper	Cloete	02.36.04
8	2	515	SMM	Louis	Blom	02.37.54
9	3	128	YMM	Jean	Joubert	02.40.41
10	3	261	VMM	Andrew	Dewey	02.40.51
11	4	230	YMM	Benjamin	Fisher	02.45.23
12	3	252	SVM	Chandre	Naude	02.53.16
13	4	271	VMM	Dieter	Oosthuizen	02.53.17
14	3	231	SMM	John-Henry	Oosthuizen	02.53.35
15	5	228	YMM	Adriaan	Halgryn	02.54.01
16	4	241	SMM	Stefan	Le Roux	03.02.54
17	1	281	MMM	Mario	Da Silva	03.06.52
18	6	229	YMM	Fabiano	Truda	03.06.53
19	5	242	SMM	Emile	Strasheim	03.07.11
20	7	227	YMM	Lukas	Voigt	03.08.10
21	1	292	GMM	Leon	Nel	03.08.57
22	5	267	VMM	Glenn	Norrie	03.11.10
23	2	278	MMM	Peter	Seiwert	03.11.20
24	6	506	SMM	Mike	Lotter	03.11.50
25	3	280	MMM	Erik	Van Veen	03.13.03
26	4	248	SVM	Dirk	Taljaard	03.13.08
27	5	245	SVM	Neil	Pitzer	03.13.10
28	2	290	GMM	Leslie	Rose-Innes	03.18.51
29	6	272	VMM	Dawie	Maree	03.22.24
30	4	503	MMM	Dudley	De Reuck	03.23.10
31	6	247	SVM	Frederick	Eigelaar	03.23.12
32	5	523	MMM	Stephen	Hobson	03.23.15
33	7	243	SMM	Stephan	Nieuwoudt	03.25.23
34	7	273	VMM	Johan	Havenga	03.26.43
35	6	275	MMM	Don	Kennett	03.27.15
36	8	234	SMM	Aldo	Laubscher	03.27.44
37	3	510	GMM	Daniel	Folscher	03.29.39
38	8	263	VMM	Robert	Groves	03.29.58
39	9	237	SMM	Jan	Eigelaar	03.30.36
40	4	296	GMM	Michael	Scholtz	03.30.55
41	8	226	YMM	Luke	Schalker	03.30.59
42	9	262	VMM	Michael	Cocklin	03.31.00
43	10	269	VMM	Guy	Schalker	03.31.02
44	10	233	SMM	Jurie	Wessels	03.33.55
45	11	232	SMM	A J	Albertyn	03.34.06
46	7	285	MMM	Adrian	Sillito	03.34.12
47	11	260	VMM	Eon	Immelman	03.39.36



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<i>All Men 40km</i>	48	12	525	SMM	Dries	Delport	03.39.40	
	49	8	283	MMM	Niel	Du Toit	03.44.40	
	50	9	284	MMM	Viktor	Hergeth	03.48.08	
	51	5	287	GMM	Roelof	Walters	03.48.09	
	52	10	286	MMM	Rob	Henderson	03.49.19	
	53	11	276	MMM	James	Twyman	03.49.27	
	54	6	293	GMM	Mike	Bolus	03.50.20	
	55	12	264	VMM	Justin	Sage	03.53.41	
	56	7	298	GMM	John	Sage	03.53.42	
	57	7	244	SVM	Willem	Van Niekerk	03.53.47	
	58	13	265	VMM	Dirk	Du Toit	03.55.40	
	59	8	259	SVM	Johan	Prinsloo	03.56.33	
	60	9	254	SVM	Marcel	Kitching	03.59.45	
	61	12	282	MMM	Dan	Grobler	04.10.11	
	62	14	266	VMM	Charl	Du Toit	04.15.47	
	63	13	279	MMM	Freddie	Putter	04.16.12	
	64	13	240	SMM	Frederick	Putter	04.16.13	
	65	10	250	SVM	Adriaan	Bester	04.25.01	
66	11	253	SVM	Matthew	Bosworth-Smith	05.37.46		
67	15	274	VMM	Wessie	Wessels	06.15.23		
68	12	256	SVM	Righard	Bean	06.16.32		
<i>Group</i>	<i>Pos All</i>	<i>Pos Cat</i>	<i>No</i>	<i>Cat</i>	<i>First Name</i>	<i>Last Name</i>	<i>Time</i>	<i>Category</i>
<i>All Women 40km</i>	1	1	223	MWM	Kim	De Villiers	02.56.13	
	2	1	211	SXM	Madele	Van Heerden	03.06.51	
	3	1	214	VWM	Kelly	Huber	03.13.04	
	4	2	212	SXM	Joan	Heatlie	03.15.28	
	5	3	299	SXM	Gemma	Fundaro	03.15.42	
	6	1	224	GWM	Mari	Kleynhans	03.15.58	
	7	1	290	YWM	Jenna	Pereira	03.18.51	
	8	2	217	VWM	Nicki	Sutherland	03.20.23	
	9	4	204	SXM	Shaundre	Jacobs	03.25.38	
	10	5	210	SXM	Natascha	Bracale	03.27.04	
	11	3	516	VWM	Annelie	Braganca	03.29.29	
	12	4	535	VWM	Shirley	Craib	03.29.30	
	13	5	215	VWM	Jayde	Oates	03.29.35	
	14	2	509	GWM	Anita	Folscher	03.29.40	
	15	6	207	SXM	Melissa	Groenink	03.29.57	
	16	7	208	SXM	Marguerite	Van Niekerk	03.43.48	
	17	8	206	SXM	Chanel	Mouton	03.43.49	
	18	6	221	VWM	Amanda	Twyman	03.48.14	
	19	7	219	VWM	Carol	Schonegevel	03.50.10	



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<i>All Women 40km</i>	20	9	202	SXM	Louise	Steyn-Naudé	04.02.22	
	21	10	201	SXM	Anja	Kruger	05.36.39	
	22	11	209	SXM	Marlize	Van Zyl	05.37.16	
	23	8	220	VWM	Shirley	Knibbs	06.11.55	
	24	9	216	VWM	Maggie	Le Roux	06.15.22	
<i>Group</i>	<i>Pos All</i>	<i>Pos Cat</i>	<i>No</i>	<i>Cat</i>	<i>First Name</i>	<i>Last Name</i>	<i>Time</i>	<i>Category</i>
<i>All Men 20km</i>	1	1	328	SBS	James	Malan	01.02.56	
	2	1	538	SMS	Andrew	Reaper	01.03.53	
	3	1	327	JBS	Sean	Kavanagh	01.06.53	
	4	2	316	SMS	Wesley	Hurn	01.11.58	
	5	2	312	SBS	Jan	Viljoen	01.20.07	
	6	3	325	SMS	Warren	Richards	01.22.08	
	7	3	326	SBS	Marc	Richards	01.22.10	
	8	4	332	SMS	Tim	Fisher	01.27.47	
	9	5	251	SMS	Sthera	Xuza	01.29.43	
	10	6	317	SMS	Rinaldo	Van Rooy	01.29.45	
	11	7	322	SMS	Jan	Gildenduys	01.31.01	
	12	2	313	JBS	Daniel	Jordaan	01.41.14	
	13	8	324	SMS	Boeta	Wessels	01.52.26	
	14	9	323	SMS	Nico	Van Der Watt	01.59.04	
	15	1	309	NBS	Finn	Pearson	02.06.19	
	16	10	320	SMS	Warren	Pearson	02.06.20	
<i>Group</i>	<i>Pos All</i>	<i>Pos Cat</i>	<i>No</i>	<i>Cat</i>	<i>First Name</i>	<i>Last Name</i>	<i>Time</i>	<i>Category</i>
<i>All Women 20km</i>	1	1	331	SWS	Estelle	Steyn	01.28.03	
	2	2	301	SWS	Grethe	Meissner	01.39.03	
	3	3	307	SWS	Theresa	Van Der Linde	01.43.17	
	4	4	305	SWS	Natalie	Kennett	01.55.30	
	5	5	308	SWS	Louise	Starke Mostert	01.59.03	
	6	6	306	SWS	Elize	Wessels	02.04.15	
	7	7	303	SWS	Fennet	Cilliers	02.05.04	
	8	8	304	SWS	Karen	Du Toit	02.06.21	